

Brave Buddies

A Grief Support Group for Children

from Design Meets Mind, LLC



We invite children ages 10-12 to join our Grief Support Group. The group is designed specifically for children grieving the loss of a family member and navigating their feelings of loss.

- Tuesday, October 15th-December 17th
- After School from 4:30 PM-5:30 PM (**Virtual**)
- Every week for 10 sessions
- 5-8 Children max
- \$25 per group session

Every child grieves differently. Together we will:

- Build a sense of community and mutual support
- Provide creative outlets for processing grief through art
- Normalize grief reactions
- Encourage reflection and memory-sharing

Call **484-393-5758** or email Mrs. Wright, LPC, GC-C at designmeetsmindllc@gmail.com to register.